

Native Yoga Center Code of Conduct and Ethical Guidelines

Statement of Purpose:

The members of the NYC recognize the sensitive nature of the student-teacher relationship. We believe that it is the responsibility of the yoga teacher to ensure a safe and protected environment in which a student can grow physically, mentally, and spiritually.

In order to protect the student in this potentially vulnerable relationship, as well as to uphold the highest professional standards for yoga teachers we agree to accept the following foundation principles:

1. To avoid discrimination against or refusing professional help to anyone on the basis of race, gender, sexual orientation, religious or national origin.
2. To stay abreast of new development in the field of yoga through educational activity and study
3. To seek out and engage in collegial relationships, recognizing that isolation can lead to a loss of perspective and judgment.
4. To manage our personal lives in a healthy fashion and to seek appropriate assistance for our own personal problems or conflicts.
5. To provide rehabilitative instruction only for those problems or issues that are within the reasonable boundaries of our competence.
6. To establish and maintain appropriate professional relationship boundaries.
7. To cultivate an attitude of humanity in our teaching, we dedicate our work to something greater than ourselves.

Objectives:

1. Promoting positive health, prevention of stress-related problems and rehabilitation through Yoga.
2. Adoption of Native Yoga approach to common ailments.
3. Imparting skills in them to introduce Yoga for health to general public.
4. To enable them to teach Native Yoga in the service of common man.

Recognition:

This course is recognized by the Yoga Alliance. The Certificate entitles you to teach Native Yoga in any part of the World.